

# MENTALLY PREPARING YOURSELF FOR THE JOB MARKET

Thursday, Nov. 7, 2:30-3:30 PM



## Learn How to:

- ✓ Be efficient and strategic with your job search.
- ✓ Persevere and care for yourself when things don't go as expected.
- ✓ Consider what comes next in your career, bumps and all.

Only Limited  
Seats Available!  
**Location:**  
**CWB 118 or**  
**join virtually**



RETRIEVER  
INTEGRATED HEALTH



**CareerCenter**  
BUILD YOUR FUTURE HERE