

Systemic Approaches to Case  
Conceptualization and Clinical Work  
And

Truly a symbiotic relationship: The Trauma-  
Informed Mental Health Worker and The  
Human Trafficking Survivor



Dr. Arrington



3pm:  
Friday,  
October 1st

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bio here](#)

For decades, in private practice and community health settings, Dr. Arrington has provided supportive services to situationally-challenged, emotionally-hindered, and underserved persons in Maryland. This effort is enhanced by a Masters degree in counseling from Capital Seminary, and a Ph.D. in Marriage and Family Therapy from Amridge University, each with specialized training in the areas of complex trauma recovery, compulsive behavior mitigation, and family relationship enhancement. Dr. Arrington has also supplied executive-level oversight of clinical care at two large residential treatment facilities. Professionally, Dr. Arrington has been a director, a researcher, a clinical practitioner and supervisor, a professor, and a board chair.