

WELCOME, RETRIEVERS!

# Open House

See the Space - Meet the Team - Find Your Support



## WHAT YOU'LL FIND

COMMUNITY ACUPUNCTURE  
BLOOD PRESSURE & WEIGHT CHECKS  
MIND SPA  
GUIDED MEDITATION & BREATHING EXERCISES  
SNACKS & GIVEAWAYS

IF YOU'VE NEVER VISITED RETRIEVER INTEGRATED HEALTH, NOW'S THE TIME.

STOP BY TO EXPLORE THE SPACE AND MEET OUR MENTAL HEALTH, MEDICAL, AND HEALTH PROMOTION TEAMS.

LEARN ABOUT PROGRAMS THAT SUPPORT YOUR OVERALL WELLNESS.

**FEBRUARY 3**  
**3 - 5 p.m.**  
**THE CENTER FOR WELL-BEING**



**OFFICE OF  
HEALTH PROMOTION**



**RETRIEVER  
INTEGRATED HEALTH**

This event is open for full participation by all individuals regardless of race, color, religion, sex, national origin, or any other protected category under applicable federal law, state law, and the University's nondiscrimination policy.