

INSIDER TIPS: Self Reflection

Take time to reflect. First semester is in the bag, now what?

- What can you do better this semester academically and socially?
- What did you like about the fall?
- How can you improve your study methods?

Don't think that there is nothing you can do, there is always something that can be improved!



Join a club. Depending on your spring semester schedule, you may want to think about joining a club. Clubs are a great way to destress and focus on things you like. Check out myUMBC for club offerings.

Review your degree audit. Make sure you are taking the necessary courses for your major. It is very easy get off track if you are not paying attention. Also, make adjustments to your schedule if you have to retake a class.



Stay positive! You are half way through your first year of college. It is okay to have made mistakes or to have struggled thus far; everyone does in their first year. What matters is that you learn from them and make adjustments so that you can be better next semester!

Events for Spring:

As a reminder, there are monthly workshops in the spring. You will be receiving email notifications with more details.

The "STEM LLC" Google Calendar will still be updated with campus events.

