

MARATHON STREET-BY-STREET

- START – Corner of S. Paca St & Camden St
- Proceed north on Paca St
- Paca St to LEFT onto McCulloh
- McCulloh turns into Druid Hill Ave/Swan Drive
- Right onto Greenspring Ave
- Right onto Beechwood Dr
- Enter Zoo on Safari Pl
- Continue through Zoo on Buffalo Yard Rd
- Exit Zoo left onto Mansion House Dr
- Left onto East Dr
- East Dr turns into Wyman Park Dr.
- Continue on Wyman Park Dr (Crossing over Remington Ave)
- Turn RIGHT onto San Martin Dr
- Turn RIGHT on Wyman Park Dr (Becomes Howard St)
- Howard St to LEFT onto 28th St
- 28th St to RIGHT onto St Paul St
- St Paul St turns into Light St
- Turn LEFT onto Key Highway
- Continue on Key Highway Extension
- TURNAROUND on Key Highway Extension at Under Armour
- Key Highway Extension turns into Key Highway
- Key Highway RIGHT onto Light St
- Light St to RIGHT on Pratt St
- Pratt St to RIGHT on President
- President St to circle
- Bear right around circle to LEFT on Lancaster St
- Lancaster St RIGHT over Central Ave bridge
- Turn LEFT onto Point St through Harbor Point
- Turn RIGHT to stay on Point St
- Turn LEFT onto S. Caroline St
- Turn RIGHT on Aliceanna St
- Aliceanna St to end – slight RIGHT on Boston St
- Boston St (AGAINST TRAFFIC) to LEFT on O'Donnell St
- O'Donnell St to LEFT on Linwood Ave
- Linwood Ave to LEFT on Madison
- Madison to RIGHT on Washington
- Washington RIGHT onto St. Lo Dr
- St. Lo Dr. to RIGHT on Harford Rd
- Harford Rd. to LEFT on Hillen Rd
- Hillen Rd. to RIGHT on 33rd St
- 33rd St. to Lake Montebello and run counter clockwise.
- Exit Lake Montebello at 33rd St. Entrance
- Turn RIGHT on Hillen Road after exiting Lake Montebello
- Turnaround on Hillen Road and head south towards 33rd St
- RIGHT on 33rd St
- 33rd St. to LEFT on Guilford Ave
- Guilford Ave. to RIGHT on 29th St
- 29th St. to LEFT on Maryland Ave
- Slight RIGHT to stay on Cathedral St
- Cathedral St becomes Liberty St after crossing Saratoga
- Liberty St becomes Hopkins Place after crossing Baltimore St
- LEFT on Pratt St
- FINISH on Pratt St between Charles and Light St

Good Viewing Points

There are some great viewing points on the course for spectators to enjoy the race. With the move of the finish line to the Inner Harbor, you can see marathoners at mile 9 and mile 12 plus see the start of the 5K (7:30a) and the half-marathon (9:45a) without moving an inch. Neighborhoods near Druid Hill Park, Harbor East, Patterson Park, Lake Montebello & Charles Village still remain great spots to cheer on the runners out on the course. If you do drive to a particular spot on the course, please be mindful of road closures.



Marathon • Half-Marathon • Team Relay • 5K • Health & Fitness Expo

FAN GUIDE



**RUN.
CHEER.
VOLUNTEER.**

In the Inner Harbor in 2019!

**SATURDAY
OCT. 19, 2019**



Dear Neighbor,

Mark your calendar – Saturday, October 19 – for the running of the 19th annual Baltimore Running Festival. The course has not changed much and we are excited to finish in the Inner Harbor once again. We hope you will continue to look forward to this day with a sense of great pride and a chance to showcase your city to thousands of participants.

The runners greatly appreciate the enthusiasm you have shown as they pass through your neighborhoods – the cheering, the candy and fruit, the colorful balloons, the cool mist from a garden hose, the music – all great gestures that make this event so wonderful.

We understand the race impacts your routine for a few hours on a fall Saturday, but we'd like to share with you the positives aspects of the race of which you may not be aware. **Did you know that last year \$40 million was pumped into the Baltimore economy as a result of the race? Did you know that the Festival has also helped generate more than \$15 million for charity?** More than 20 local and regional charities such as Back On My Feet, Helping Up Mission and Pacing for Parkinsons to name a few, will all benefit from participating in the event.

If you are running, we ask you to encourage a neighbor or friend from out of town to REGISTER. If you can't run this year, consider VOLUNTEERING or coming to the finish line to CELEBRATE. If you live in the city, organize a group to head out on the course and CHEER as the runners pass. All these actions will help show your BMORE PRIDE!

As we make plans for this year's race, we welcome any input from you so that the event has a positive impact on your community. For more information, please visit our website- www.TheBaltimoreMarathon.com

Thank you.



For more
Information:
Call
410.605.9381

SCHEDULE OF EVENTS

Thursday, Oct. 17th

3p - 8p @ Convention Center Hall A

Health & Fitness Expo- You will find great prices and information on apparel, shoes, active gear, nutritional supplements & health care products. The Expo is FREE & open to the public.

Friday, Oct. 18th

12p- 8p @ Convention Center Hall A

Health & Fitness Expo continues

Saturday, Oct. 19th (Race Day)

7:30a @ Pratt & Light Sts.

Start of the Belcara Health 5K

8a @ Camden & S. Paca Sts.

Start of the Baltimore Marathon & 4-Person Team Relay

9:45a @ Pratt & Light Sts.

Start of the CareFirst BlueCross BlueShield Half-Marathon

8a - 3p @ Inner Harbor Promenade

Celebration Village Finish Line Party. Watch the racers finish and enjoy live music, interactive games, food and drink. All Village activities are FREE & open to the public.

8a - 3p @ Rash Field

Charity & Corporate Tent Celebrations

12p @ West Shore Park

The Awards Ceremony will take place on center stage located in the Celebration Village.

RUNNERS IN YOUR NEIGHBORHOOD

The chart below gives the times marathon runners should be in your neighborhood. If you live on Mile 17, you could expect to see the first runner arrive at 9:25a and the last runner to pass at 12:47p (times are approximate. Map located inside.)

Mile 1.....8:05 AM to 8:31 AM	Mile 14 9:10 AM to 11:59 AM
Mile 2.....8:10 AM to 8:47 AM	Mile 15 9:15 AM to 12:15 PM
Mile 3.....8:15 AM to 9:03 AM	Mile 16 9:20 AM to 12:31 PM
Mile 4.....8:20 AM to 9:19 AM	Mile 17 9:25 AM to 12:47 PM
Mile 5.....8:25 AM to 9:35 AM	Mile 18 9:30 AM to 1:03 PM
Mile 6.....8:30 AM to 9:51 AM	Mile 19 9:35 AM to 1:19 PM
Mile 7.....8:35 AM to 10:07 AM	Mile 20 9:40 AM to 1:35 PM
Mile 8.....8:40 AM to 10:23 AM	Mile 21 9:45 AM to 1:57 PM
Mile 9.....8:45 AM to 10:39 AM	Mile 22 9:50 AM to 2:13 PM
Mile 10.....8:50 AM to 10:55 AM	Mile 23 9:55 AM to 2:29 PM
Mile 11.....8:55 AM to 11:11 AM	Mile 24 10:00 AM to 2:45 PM
Mile 12.....9:00 AM to 11:27 AM	Mile 25 10:05 AM to 3:01 PM
Mile 13.....9:05 AM to 11:43 AM	Mile 26 10:10 AM to 3:17 PM

Visit us at www.TheBaltimoreMarathon.com

2019 COURSE MAP



WAYS TO GET INVOLVED IN THE BALTIMORE RUNNING FESTIVAL: A GREAT COMMUNITY EVENT

JOIN US ON-SITE

Celebration Village

INNER HARBOR LOCATION AGAIN IN 2019

We encourage the Baltimore community to make a "party" out of the day. Join us in the BGE HOME Celebration Village on the Inner Harbor Promenade on race day, Saturday, October 19 where we will have live music from 8 AM to 3 PM, interactive games, food and drink. The Village is FREE and open to the public. Come on down to the Village to cheer your family, friends and neighbors as they cross the finish line.

Volunteer

The Festival needs about 1,000 volunteers to support the racers. If you or someone you know is interested in volunteering to help with the 19th Annual Baltimore Running Festival, it is not too late to sign up.

Volunteers are needed at the Health & Fitness Expo for Packet Pick-Up as well as on race day for a number of different duties. Your support is greatly appreciated.

The Baltimore Running Festival has established an online registration form for all volunteers. To access this site visit www.TheBaltimoreMarathon.com and click on the Volunteer Link. Or call Geron Brooks at 410.605.9381

Cheer Words

Here are some words of encouragement to offer runners as they pass your Cheering Section onsite or at home:

- | | | | |
|----------------------|--------------------|---------------------|-------------------|
| 1) "Way to Run" | 3) "Awesome" | 5) "Looking Strong" | 7) "Looking Good" |
| 2) "Enjoy Baltimore" | 4) "You Can Do It" | 6) "You're Flying" | 8) "Keep it Up" |

NOTE: Unless you are at the Harbor near the finish line, please DO NOT cheer "Almost there", "Not far to go" etc. While running 26 miles, "almost there" is a few hundred feet from the finish line.

SUPPORT US FROM YOUR HOME

Host a Marathon Yard Party At Home

If you can't make it to the Celebration Village, here are some suggestions for hosting a marathon party at your house:

- 1) Lawn decorations including signs, balloons and banners.
- 2) Play music from an iPod.
- 3) Knock the cobwebs off the trumpet, sax or drum set and make some noise.
- 4) Create a party cheer to yell as the runners pass.
- 5) Coordinate a team wave.
- 6) Fire-up the barbecue and invite the neighbors.



Unofficial Water Stops

One way to show support for the marathon is to set up an "Unofficial Water Stop" in your neighborhood.

The marathon provides 15 water & Gatorade stops along the course for runners. The stops are spaced at miles 2, 4, 6, 8, 10, 12, 13, 14.5, 16, 17.5, 19, 20.5, 22, 23.5 and 25 (see course map).

Your "unofficial water stop" does not need to provide water ... other suggestions include candy, sliced fruit and granola bars. You'll be surprised by the smiles and appreciation you'll receive from the runners.



IT'S NOT TOO LATE TO GET INVOLVED

www.TheBaltimoreMarathon.com



Watch the live race day coverage from 6a - 11a