

SKILLS FOR SUCCESS

Sponsored by University Counseling Services



Wednesdays

12 — 12:45 pm

Commons, 3rd floor

**April 4th — May
9th, 2012**

- **TIME MANAGEMENT**
- **PROCRASTINATION**
- **STRESS MANAGEMENT**
- **TEST ANXIETY**
- **MOTIVATION**
- **“Get Through Finals!”**

(see website for details: www.umbc.edu/counseling)



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University of Maryland Baltimore County

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