



**American  
Red Cross**



## Overview

Since our founding in 1881 by Clara Barton, the American Red Cross has been at the forefront of public aid initiatives. Between nursing soldiers and civilians during war and providing first-aid courses to the general public, the American Red Cross offers a variety of resources for both local and global communities.

## Vaccinate A Village

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Measles, Mumps and Rubella are contagious diseases caused by viruses. They can cause symptoms ranging from swelling, pneumonia, deafness or miscarriage. The Centers for Disease Control (CDC) recommends that children receive two doses of the vaccine, first at 12-15 months and then between 4-6 years old. However, not everyone around the world has the availability to these vital resources.

## What Can You Do

The UMBC American Red Cross Club will be hosting a fundraiser during the week of **December 1<sup>st</sup> through December 8<sup>th</sup>**. During that week, every dollar donated contributes another vaccine for someone in an underdeveloped country. Keep an eye out for more information to come.

## Looking Forward

### Local Blood Drives

With campus access being limited, the UMBC American Red Cross Club has not been able to host any on-campus blood drives. However, there are still ongoing local blood drives in the area. Be sure to visit <https://www.redcrossblood.org/give.html/find-drive> to find locations near you.



## Volunteer Opportunities

- Reading to the visually impaired via video call
- Virtual scrubby bear (preschool meeting and presentation)

### Contact Us

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<https://my3.my.umbc.edu/groups/umbcacr>

# Virtual Run & Walk

## MCVET

This year, our American Red Cross Club is partnering with the Maryland Center for Veterans Education and Training (MCVET) for their 25<sup>th</sup> annual Race & Walk event.

MCVET is a nonprofit organization focused on providing a host of services to homeless and in-need veterans. Their goals range from providing housing options for veterans, educating veterans in professional and employable skills, and connecting with similarly oriented organizations.

## GET INVOLVED!

With the current global climate, this year's race will be held virtually during the week of **November 4<sup>th</sup> through November 11<sup>th</sup>**. If you are interested and want to take part visit <https://runsignup.com/Race/Register/?raceId=58069> and register. Participants need to have a device track their time, like a GPS watch or phone apps like MapMyRun, Strava, etc. Once you finish your walk or run, enter your time at <https://runsignup.com/Race/Results/58069/#resultSet-Id-196904;perpage:100>



## Veterans Day Virtual Run & Walk

Due to COVID-19, MCVET's 25th Annual Race & Walk scheduled for June 7th is now VIRTUAL

### NOVEMBER 11, 2020

5K RUN/WALK \$35 Participation Fee – 10K \$35 Participation Fee  
PARTICIPATES WILL RECEIVE A VIRTUAL CERTIFICATE OF APPRECIATION  
Thousands of Virtual "THANK YOUs" from homeless veterans and veterans in need  
who benefited from MCVET's services

**ALL PROCEEDS BENEFIT HOMELESS VETERANS**  
Register Now at [WWW.CHARMCITYRUN.COM](http://WWW.CHARMCITYRUN.COM)

For more information  
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MARYLAND CENTER FOR VETERANS EDUCATION AND TRAINING, INC.  
301 NORTH HIGH STREET – BALTIMORE, MD 21202 | [WWW.MCVET.ORG](http://WWW.MCVET.ORG)



Register Here



## Our Club's Mission

The UMBC American Red Cross strives to increase awareness and participate in service projects geared towards humanitarian efforts. Our mission is to educate the school-based community about discovering new opportunities for self-development and how to effectively fulfill the needs of the Baltimore community.

