

Program fee \$1,950 includes:

- Six nights in a 3 star Swiss hotel
- 6 breakfasts/5 dinners
- Academic program in Switzerland
- Local Alpine guide and lift passes for hikes
- Medex insurance

Air (approx. \$1,000) and rail pass (approx. \$300) not included.

Extend your stay and see more of Europe

You may wish to visit other areas of Europe. Paris, Florence, Venice, Brussels, Frankfurt, Munich and many other locations are easily accessible by train from Switzerland. Students will have an opportunity during the spring semester to discuss possibilities for extended travel, find travel companions, and hear suggestions from other students who have traveled in Europe.

IMPORTANT DATES

December 1: Applications due. A \$500 deposit must accompany your application. The full deposit will only be refunded to any student not selected to participate.

December 17: Applicants will be notified of selection.

February 15: Second deposit installment due \$1,450.

June 25: Arrive Kandersteg, Switzerland by 2:00 pm for academic program.

July 1: Depart Kandersteg and return to US or extend your stay in Europe.

Meet your faculty

Dr. Mary Stuart is Professor and Director of UMBC's Health Administration and Policy Program, Researcher for the Dept. of Veterans Affairs, and former Director of Policy for the Maryland Dept. of Health. She has an ScD from the Johns Hopkins Bloomberg School of Public Health.

Dr. Michael Weinrich is a physician and scientist in Bethesda. His career has spanned neuroscience, clinical rehabilitation, research, and biophysics. He received his AB and MD from Harvard University.

Dr. William Shewbridge is Director of the New Media Studio at UMBC, and received the Doctor of Communication Design from University of Baltimore.

Dr. Joby Taylor is Director of the Shriver Peaceworker Program at UMBC and received his PhD in Language, Literacy, and Culture from UMBC. He has led service-learning programs in many urban and international settings.

Katie Birger is Coordinator of the UMBC International Field Research Program and has over 14 years experience teaching fitness, yoga, and stress reduction techniques.

Janet McGlynn has worked with UMBC students on undergraduate research opportunities for seven years. She has an MAS in Management and experience leading and developing small businesses in both the for-profit and non-profit sectors.

UMBC INTERNATIONAL Field Research Scholars Program

For additional information contact:

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For a printable application visit: www.umbc.edu/IFR

SWITZERLAND 2012



Six day Swiss experiential learning program

HAPP/SOCY 403/663

Intro to International Field Research

PHED 121

Conditioning for alpine hiking and stress reduction (optional)

ENROLL in spring semester seminar class

MEET Thursdays at UMBC

3:30-4:15 pm PHED 121 (optional)

4:30-7:00 pm HAPP/SOCY 403/663

MEET in Switzerland June 25-July 1

- Develop research skills in an international context
- Study international best practices
- Earn 3 academic & 1.5 PE credits (PE optional)
- Prepare for sophisticated demands of a global society
- Meets culture requirement for GEP & GFR
- Learn stress reduction & conditioning skills

For undergraduate and graduate students considering careers in health, aging, public policy, media, business, science, or research.

Applications Due December 1st



Switzerland, a country of stunning mountain vistas, truly lies at the crossroads of Europe. It is among the top-rated countries in the world with regard to health care, environmental policy, public transportation, infrastructure, live-able cities and healthy lifestyles. This experiential learning program applies an ecological framework to better understand how culture, policy, and practice interact to achieve a sustainable and healthy society.

During spring semester students attend a weekly seminar, complete background research, and write a research paper. Students are assigned to a research team based on the theme they select. For our Swiss academic program, we stay in Kandersteg, nestled in the Alps, travel to nearby cities and hike to complete a series of related research

exercises. Highlights include day trips to Geneva, Zurich, Bern, glaciers and the Swiss people.

Research methods include visual digital storytelling, expert interviews, participant observation, local informants, literature review, administrative and historical data, survey, and case studies.

Research themes

A lifespan approach to health and aging: An international perspective

How do public policy, clinical practice, and personal choices help individuals of all ages maintain healthy life styles? Topics include issues such as the Swiss health system, exercise, diet, chronic disease, and substance abuse prevention.

Scientific/technological revolutions and societal change

Switzerland has a history of scientific innovation, including the Large Hadron Collider and some of the longest tunnels in the world. This team studies the context and consequences of major changes in science and technology.

Urban and cultural issues

Geneva provides a hub for international human service organizations. This team considers issues such as culture and diversity, urban livability, and international aid.

Visual methods in field research

This team will use visual methods and interviews to document the role of culture, entrepreneurship, and technology as the Swiss tackle vital contemporary issues.

Entrepreneurship and ecotourism

Explore how entrepreneurship led to our destination being named one of the “top 1000 places to see” in the world!

Environmental sustainability and climate change

Discover how the Swiss people have taken steps to create a more sustainable impact on both the natural and urban environment.

Alpine hiking, physical conditioning, and stress reduction

All participants will have the chance to hike, walk and participate in stress reduction exercises such as yoga, Nordic walking, a Swiss spa, and scenic lake steamer cruise. Students enrolled in PHED 121 will condition for Alpine hiking during the spring semester.